

# Counseling and Health Center

## Center for Health Sciences and Counseling

*The Center for Health Sciences and Counseling is a university organization that aims to maintain and promote the mental and physical health of students, staff, and faculty members at Kyushu University. Its mission is to ensure that the campus is safe and comfortable for everyone, fostering self-reliance and growth among students through the provision of counseling services. The center's mission can be broken down into five areas - Healthcare, Student Counseling, Support Section for Inclusion, Health Promotion and Development, and Coordination - based on the expertise of each of its departments.*

Website: <https://www.chc.kyushu-u.ac.jp/~webpage/english/index.html>

### Consultation Services

- Mental and Physical Disorders
- Consultation about Students
- Metabolic Syndrome
- Quit Smoking
- Support for Disabilities

If you wish to receive a consultation, please fill out the Web consultation reception form.

[Web consultation reception form] <https://www.chc.kyushu-u.ac.jp/~webpage/form/en/form.html>

## Kyushu University Ito Clinic

*Ito Clinic is located on the Ito Campus and is readily accessible to the local community and Kyushu University residents. It provides medical care as a "family clinic" without the need for a letter of introduction. It is also available for consultation for physical and mental health issues.*

- Internal Medicine (Weekdays, 10:00-13:00, 14:00-17:00)
- Psychiatry (Mon, Tue, Fri, 14:00-17:00) \*Appointment required

See more: <https://itoclinic.kyushu-u.ac.jp> (Japanese ver. only)

